

BY A SPRING
(Russia)

Source: "By a Spring" (Horovodnaya Pliaska) is a Russian Wedding Dance performed by women. Dance comes from Yaroslav region of central Russia. Described in "Tantzi Narodov, Edition I" published in U.S.S.R.

Records: Folk Dances-Songs Colosseum CRLPX 013 Side A, Band 10.
Russian Folk Songs Stinson SLP 1003 Vol 4 Side A, Band 6.
Music is in 3/4 time.

Formation: Closed circle of W almost facing LOD (CCW). Join hands and hold down. Heads are bowed.

Steps: Basic Step: Takes 2 cts to complete 1 step so 3 steps are done in 2 meas. In preparation for step, bend L knee on upbeat of meas 1 and start reaching fwd with R ft. Step fwd R in LOD (ct 1). Step on ball of L next to R instep (ct &). Step fwd R in LOD (ct 2). Bend R knee and extend L leg diag fwd R, toe close to floor (ct &). Head and body are inclined twd extended ft. Repeat of step starts with L on ct 3 and also uses ct 1 of next meas.

MeasPATTERN

- 4 Introduction. No action.
- 1-2 Dance 3 basic steps in LOD starting R (begins with vocal).
- 3 While turning to face ctr, move extended L leg in small arc to L and step on it (ct 1). This would be same as "step to L side with L" if dancer had been facing ctr at start of movement. Step R behind L, bending knees (ct 2). Close L to R (ct 3). Head and upper body follows direction of movement.
- 4 Still facing ctr, step to R side with R (ct 1). Step L behind R, bending knees (ct 2). Close R to L (ct 3). Head and upper body follows direction of movements. On upbeat, bend R knee and start reaching with L to move in RLOD.
- 5-8 Repeat action of meas 1-4 but starting L and moving in RLOD. Face ctr for meas 7-8.

Repeat action of meas 1-8 until end of music.

Presented by Anatol Joukowsky